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March is National Colorectal Cancer Awareness Month.

Traverse City, MI – February 22, 2024 – March marks National Colorectal Cancer Awareness Month, highlighting the critical importance of colorectal cancer screening.

Colorectal cancer, affecting both men and women, poses a significant health threat. According to the American Cancer Society, approximately 152,810 new cases of colorectal cancer are estimated in the United States for 2024. As the second leading cancer killer, it's expected to cause about 53,010 deaths this year. Colorectal cancer impacts individuals across all racial and ethnic backgrounds, with the risk escalating with age.

Colonoscopy remains the premier screening method due to its effectiveness in detecting precancerous growths, or polyps, and preventing the development of colon cancer. Individuals aged 45 and above, or those at risk, are urged to consult their primary care physicians for a referral regarding colorectal cancer screening. With regular screening and early detection, colorectal cancer is preventable, treatable, and surmountable.

Copper Ridge Surgery Center is located at 4100 Park Forest Drive, Traverse City, Michigan. For further inquiries, please contact 231.392.8900 or visit <u>www.surgerytc.com</u>.

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